

How to Make your own Bungee!



Materials

Fabric of your choice 3 ½ metres (width 1.2 m)

2 or 2 ½ cm width Elastic length 5 metres

Decorations

Process for Group Bungee:

1. Cut fabric into 10 strips of 35 cm
2. Sew lengths of material together along short (35cm) edge on wrong side. You should have a 10 metre x 35 cm strip
3. Fold fabric lengthwise, right side in and sew along the 10m edge to join.
4. Turn the fabric so that it is the right way round
5. Thread the elastic through the length attaching it at both ends. (Use a pin attached to the elastic to help with the threading).
6. Join the two ends together to make a large ring.

Decorations

Consider the theme of your bungee. It may be to support a particular element of your programme or be themed i.e. for Christmas

Attach decorations with hair ties and/or split rings and ties.

Decorations can be accessories like ribbons and bells, strips of tactile fabrics etc

Below is a selection of the bungees I have made and a list of the decorations used:

Christmas Bungee – bells Christmas fabric, red/green/gold ribbon, baubles



Sea Shore Bungee – shells, plastic fish, blue fabric, blue/green ribbon, flashing spiked squeeze toys



Maori/ Pacific Bungee - Mini poi, miniature kete (1 2 3 shops), Maori patterned fabric, scraps paua



NB-Bungees can be made to also fit around a wheel chair tray



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